

My E-lesson
Module 10: Finding My Life Grit
Activity 2: The Discovery of Grit

Name: _____

Class: _____

Please share and discuss the following questions with your groupmates:

Things you once tried to accomplish but failed at last	Reasons you decided to give up (Put a <input type="checkbox"/> in the appropriate boxes)	Ways to grow your grit (Please discuss with your group members)
1.	<input type="checkbox"/> I think it's really boring (lack of interest) <input type="checkbox"/> I don't want to put effort (lack of determination to practice) <input type="checkbox"/> This does not concern me (lack of purpose) <input type="checkbox"/> I can't do it, so I just give up (lack of hope)	
2.	<input type="checkbox"/> I think it's really boring (lack of interest) <input type="checkbox"/> I don't want to put effort (lack of determination to practice) <input type="checkbox"/> This does not concern me (lack of purpose) <input type="checkbox"/> I can't do it, so I just give up (lack of hope)	
3.	<input type="checkbox"/> I think it's really boring (lack of interest) <input type="checkbox"/> I don't want to put effort (lack of determination to practice) <input type="checkbox"/> This does not concern me (lack of purpose) <input type="checkbox"/> I can't do it, so I just give up (lack of hope)	

Personal Reflection: