

My Merits and Skills (Part II)

Module Summary and Teaching Plan

1. Module Name	My Merits and Skills (Part II)		
2. Learning objectives	<ol style="list-style-type: none"> To help students understand and appreciate their own merits; To help students understand and appreciate their own transferable skills; To improve the ability of students in making use of their merits and transferable skills; To inspire students thinking about how to achieve their life goals and fulfill their life inspiration with their merits and transferable skills; To help students set short-term goals and gradually realise their dreams. 		
3. Key Learning Points	After completing two classes, students can:		
	Knowledge	Skill	Attitude
	<input type="checkbox"/> Eight types of transferable skills	<input type="checkbox"/> Application of merits and transferable skills <input type="checkbox"/> The ability of self-reflection <input type="checkbox"/> Setting up life goals and finding life inspiration <input type="checkbox"/> Connecting one's own characteristics and transferable skills with life's goals and life inspiration	<input type="checkbox"/> Appreciating the personalities of oneself <input type="checkbox"/> Appreciating transferable skills of oneself
3. Suggested	Secondary 5 students		
4. Suggested	Life planning lessons, including two sessions		
5. Formats	Interactive activities and videos watching		
6. Concept Map of the Topic	<pre> graph LR A[My merits • Appreciation • Reflection] --> B[My transferrable skills • Reflection] B --> C[My life goals/life inspiration • Making good use of merits/skills • Imagining future • Setting up life goals] </pre>		
7. Proposed change	“Fill in my story” in section 2 can be changed in the form of picture, recording, social media, etc.		
8. Further	/		
9. Reference	<ol style="list-style-type: none"> 李春雨、王鹏程、陈雁（譯）(2014)。你的降落傘是什麼顏色？（原作者：Richard Nelson Bolles）。中國：中國華僑出版社。（原著出版年：2014） Indiana University-Purdue University - Indianapolis (IUPUI). <i>Guide to the transferable skills</i>. Retrieved from John J. Liptak & Laurence Shatkin. (2011). <i>Transferable Skills Scale Second Edition Administrator’s Guide</i>. Retrieved from John J. Liptak & Laurence Shatkin. (2011). <i>Tips for using the transferable skills scale in career decision making and job search</i>. Retrieved from “Did you know 2017” : https://www.youtube.com/watch?v=W81BMFw2xFA 		

10. Module Summary				
Section 1				
Module Duration	Set Off on the Voyage (Motivational Induction)	Brave the Wind and the Waves (Main body)	Discoveries from the Voyage (Reflection and Summary)	Reflections on the Voyage (Conclusion)
60 minutes				
Activities	<ul style="list-style-type: none"> ✧ Mutual appreciation of merits ✧ Reflection on merits ✧ Activities of Johari Window in relation to merits 	<ul style="list-style-type: none"> ✧ Video Watching ✧ Explore transferable skills you have / expect to have 	<ul style="list-style-type: none"> ✧ Reflection on the activities of transferable skills 	<ul style="list-style-type: none"> ✧ Summarising the key points of this section ✧ Introducing life planning tasks
Duration	25 minutes	15 minutes	10 minutes	10 minutes
Teaching materials	<ul style="list-style-type: none"> ✧ Color label sticker (15 pcs/person) ✧ “ Voyage 	<ul style="list-style-type: none"> ✧ Short video: “Did you know 2017” ✧ “ Voyage Milestones ” 	<ul style="list-style-type: none"> ✧ “ Voyage Milestones ” 	<ul style="list-style-type: none"> ✧ “ Voyage Milestones ”

Section 2

Module Duration	Set Off on the Voyage (Motivational Induction)	Brave the Wind and Waves (Main Body)	Discoveries from the Voyage (Reflection and Summary)	Reflections on the Voyage (Conclusion)
60 minutes				
Activities	<ul style="list-style-type: none"> ✧ Reviewing the application of transferable skills and merits 	<ul style="list-style-type: none"> ✧ Video Watching ✧ Thinking about life goals and life inspiration 	<ul style="list-style-type: none"> ✧ Thinking about life goals and life inspiration ✧ "Fill in my story" activity 	<ul style="list-style-type: none"> ✧ Summarising the key points of this section ✧ Introduction of tasks
Duration	15 minutes	10 minutes	30 minutes	5 minutes
Teaching materials	<ul style="list-style-type: none"> ✧ The previous section ✧ “ Voyage Milestones ” 	<ul style="list-style-type: none"> ✧ Video: “So happy that I don't want to get off from work” ✧ “ Voyage Milestones ” 	<ul style="list-style-type: none"> ✧ “ Voyage Milestones ” 	<ul style="list-style-type: none"> ✧ “ Voyage Milestones ”

My Merits and Skills (II)

Section 2 Teaching Plan

Stage	Activity flow	Duration
Set Off the Voyage – Induction of Motivation	<p>1. <u>Follow up the previous Life Planning Task: Recall the presentation of merits and application of transferrable skills</u></p> <ul style="list-style-type: none"> ➤ Group sharing and presentation: 4 people in a group, groupmates shall share about their experience and choose an example to share with the class (sharing within the group in 5 minutes Group presentation in 8 minutes Debriefing in 2 minutes). ➤ Teachers will give brief feedback on each group's report and focus on appreciating students' effort in applying their transferable skills and merits. 	15minutes

<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Brave the Wind and the Waves – Main Body</p>	<p>2. <u>Video watching</u></p> <ul style="list-style-type: none"> ➤ Introduction: “Everyone has his or her own dream which should not be categorized as “lofty” or “menial”. As long as you can stick to your dream and go for it, your life will be meaningful, satisfied and happy.” <p>Play video [Apple Daily] 22 year-old boy becomes a bus driver after studying abroad - “So happy that I don’t want to get off from work”(4:56)</p> <p>bit.ly/2znN3uF</p> <ul style="list-style-type: none"> ➤ After playing the video, invite students to share. ➤ Message: "Everyone has their unique life goals or life inspiration. As long as you can understand your characteristics, be aware of your passion (interest) and accumulate different transferrable skills from your experience, you can achieve your life goal or life inspiration step by step. 	
<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Voyage Discovery Developing and organising content</p>	<p>3. Fill in my story</p> <ul style="list-style-type: none"> ➤ Introduction: “Everyone has different merits and transferable skills, which can be important factors in our career development. Life is like a story. The story will be different because of the methods we describe or elaborate things happened in life. We are now trying to write our life stories and explore our lives together. There is no right or wrong as everyone's life is unique. Now let's think about how to make good use of our merits and transferable skills and what life goals / calling in life that leading us to a more meaningful and satisfying life.” ➤ Distribute the “Voyage Milestones” to students. Teachers read and guide students to write the “Voyage Milestones ”. ➤ In the part of “I hope I can in 10 years" and "I also hope that I can... after graduation”: remind students that it is <i>not necessarily</i> a career goal. Teachers can provide some examples like: I have the merits of caring for people and positive thinking. I have strong communication skill and interpersonal skill as my transferable skills, so I really want to use my merits and skills to bring positive energy to the people around me and comfort people who have emotional problems. ➤ Invite 1-2 students to share "my story". ➤ Teachers should appreciate the skills and merits of the students and encourage them to strive for their goals <i>rather than be critical</i> when giving feedback to the students’ life planning stories. <p>4. Short-term SMART Goal Setting</p> <ul style="list-style-type: none"> ➤ Introduction: “Everyone's story is different. While we all found our own interests, transferable skills and the things we valued, we also see the expectation on future. If you want to realise your dream, you can set SMART goals to effectively measure whether you have achieved them or not. The SMART goal setting method suggests a goal contains five elements, including: 	

Developing and organising Voyage Discovery	<p>[Specific - clear and specific goals], [measurable - there are clear metrics for measuring whether the target is met], [achievable - in line with the reality and can be achieved], [relevant - the goal is related to other goals (such as long-term goals)] And [time bound - there is a time limit for the plan to be completed].”</p> <p>➤ Teacher explains the examples in “Voyage Milestones ” and ask students to set short-term SMART goals (including academic and non- academic goals) for their life goals in “my story”.</p>	30 minutes
Conclusion	<ul style="list-style-type: none"> ✧ Let students review what they have experienced in this lesson including their own merits and transferable skills and how to make good use of their own characteristics and transferable skills to connect with life goals and calling for life. [students can choose the final summary of “Voyage Milestones ” for self-evaluation] ✧ Encourage students to make various attempts to enrich their life experience and continue to accumulate transferable skills and build a better you. ✧ Explain the life planning task: each student should visit recruitment websites to find a job advertisement related to “my story” and bring it back to school for sharing in next lesson. The content to be shared should include a brief introduction to the job, how it fits your personality traits and how it relates to “my story”. [Teachers can suggest some recruitment websites for students, such as JUMP; JobsDB] 	5 minutes