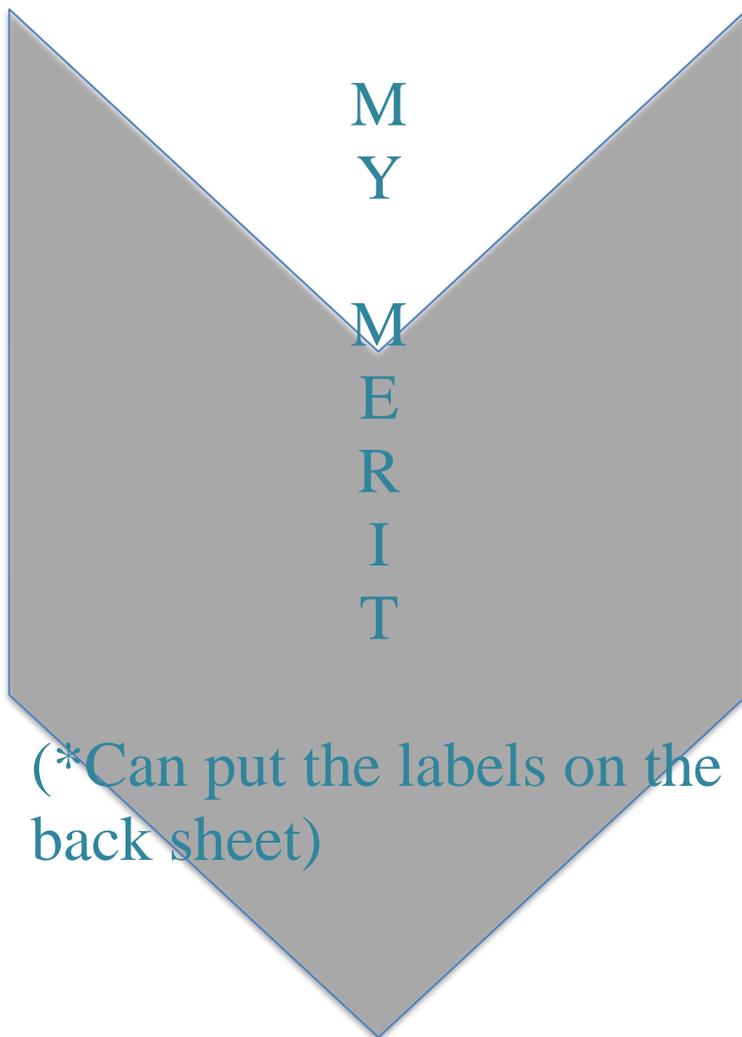


My Merits and Skills (Part I)
“Voyage Milestones”

Name: _____ Class: ____ ()

1. My Merits:

- ✓ Take a look at the "merit" labels that your classmates put on you. In addition to these merits, think about what other merits you have. Write them on the remaining labels and stick all the “merits” labels on the back of the label sheet.
- ✓ Have you had any moments in life related to these merits? Now choose five merits that you appreciate most and list them on the right-hand side of the table below.



My best 5 merits:

1. _____
2. _____
3. _____
4. _____
5. _____

2. Johari Window

Please put the “Merit Label” on the appropriate box:

	Known by Self	Unknown by Self
Known by Others		
Un known by Others		

3. Transferable skills:

- Transferable skills refer to some abilities of an individual that can be transferred from one setting to another, such as family, school, paid/unpaid work, extra-curricular activities. These abilities can be applied to different jobs without limiting to a single job function/work.
- You can acquire the transferable skills through home, school and community.

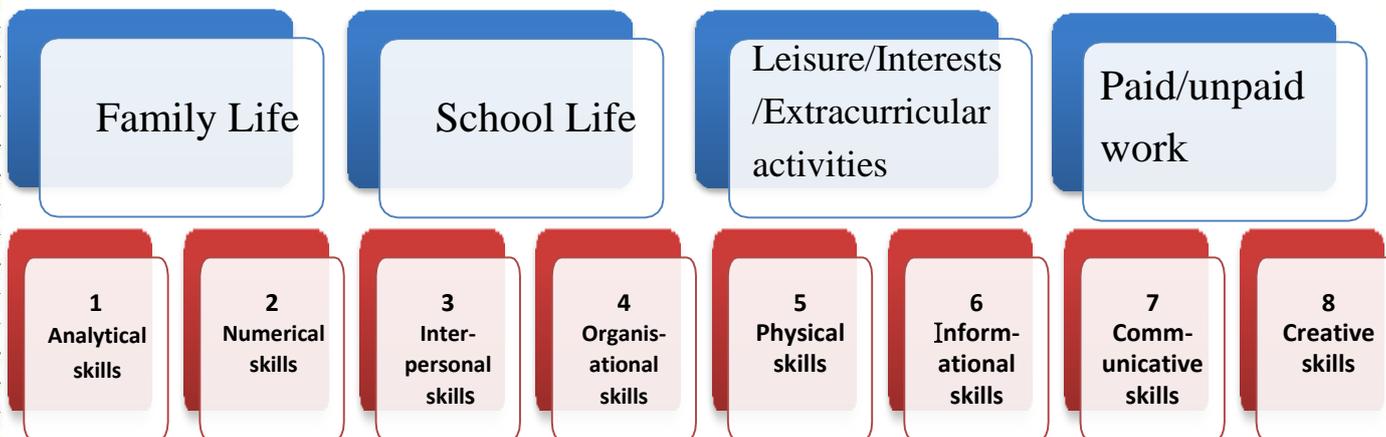
<p>Analytical skills Discover/collect/analyse data, logical reasoning, problem solving</p>	<p>Numerical skills Calculate, examine and interpret data</p>	<p>Interpersonal skills Interpersonal interaction, working with others, helping others live a meaningful life</p>
<p>Organizational skills Manage team or personnel in institutions, lead and motivate others working effectively</p>	<p>Physical skills Use tools/technology/equipment, install/repair things</p>	<p>Informational skills Organise and process data, coordinate activities, office work, computer application, operation of enterprises</p>
<p>Communicative skills Persuasive, public speaking, writing, promotion</p>		<p>Creative skills Imagination, innovation, design, express feelings and ideas by creating original works</p>



4. My Transferrable Skills

Reflect on the transferable skills that you have and wish to develop from the following four aspects of life.

The _____ colour line links the relevant skills you possess; the _____ color line links the transferable skills you wish to develop.



5. Life Planning Task — Presentation of Merits

✓ Pay attention to how you demonstrate **your merits** in daily life and **record** in the following table:

Merit	Area	Description of the merit	The Scenario in which the merit is demonstrated and the result		Self – appreciation Evaluation
			Scenario	Result	
【Example】 <u>Sympathetic</u>	Public area	Share half of my lunchbox with my friend so that he/she does not need to stay hungry	A friend who has no time to buy lunch	The friend does not need to stay hungry during lessons	★ ★ ★
					☆ ☆ ☆
					☆ ☆ ☆





Application of Transferrable Skills

Try to apply your **transferrable skills** and fill in the following **Application Record**:

The transferrable skills to be applied	The transferrable skill	The Scenario in which the transferrable skill is applied and the Result		Self-appreciation Evaluation
		Scenario	Result	
【Example】 <u>Organisation skill</u>	Leading the members of the volunteers group to discuss activity	Organise visits to xx Elderly Centre next Saturday	Members have reached consensus, planned the flow of the activity, including distributing gifts, making a memorial clip and sharing on the “Good Old Days” activity	★ ★ ☆
				☆ ☆ ☆
				☆ ☆ ☆
				☆ ☆ ☆

Today, I have...

learnt and appreciated: my merits

learnt and appreciated: the transferrable skills I possessed

prepared: to demonstrate my merits and applied my transferrable skills in daily life

